

Date: July 1, 2024

To: Dr. Jane Smith, M.D., Internal Medicine
123 Somewhere Court
Any Town, CA 90000

Email: janesmith@janesmith.com

Fax: 1(415) 867-5309

From: John Smith, MD, Psychiatrist
100 Anywhere Street
Any City, CA 90000

Re: Jane Doe

DOB: 1/29/1986

Dear Dr. Smith,

Reason for Consultation: Thank you for referring your patient to me. I have assessed the patient based on the provisional diagnosis of major depressive disorder.

Overall Impression: Ms. Smith met the diagnostic criteria for major depressive disorder, recurrent, moderate (F33.1)

Summary of Chief Complaints: Ms. Smith is a 38-year-old woman who has been diagnosed with major depressive disorder. Her symptoms include profound sadness, loss of appetite, low energy, hypersomnia, and social withdrawal. Ms. Smith has experienced these challenges for the 4 months and has struggled to maintain stable relationships during this time. Her focus on university studies has significantly impacted her overall life.

Past Medical History: Ms. Smith also mentions a history of depression in her mother, which she believes contributed to the emotional turmoil she experienced growing up. She recalls her mother being frequently hospitalized due to what was described then as a "nervous condition" or possibly a "nervous breakdown," which affected their relationship deeply when Ms. Smith was 12 years old.

Treatment Plan: As part of her treatment plan, Ms. Smith has been prescribed fluoxetine 40 mg daily for 30 days. She will continue weekly psychotherapy sessions with a psychologist. Ms. Smith is scheduled for a follow-up appointment in 4 weeks to evaluate her response to the medication and the severity of her symptoms. Depending on her response, there is a possibility of increasing fluoxetine to 60 mg daily, with a plan to adjust up to a maximum dose of 80 mg daily as needed.

Feel free to contact me if further details are needed. I am eager to collaborate closely with you to support Ms. Doe effectively.

Thank you,
Dr. James Smith