

Date: July 1, 2024

To: Dr. Jane Smith, M.D., Internal Medicine
123 Somewhere Court
Any Town, CA 90000

Email: janesmith@janesmith.com

Fax: 1(415) 867-5309

From: John Smith, MD, Psychiatrist
100 Anywhere Street
Any City, CA 90000

Re: Jane Doe

DOB: 1/29/1986

Dear Dr. Smith,

My name is Dr. Jane Smith, and I am an internal medicine doctor that takes care of Jane Doe. Enclosed is a signed release of information that allows us to share her information. Jane is a 38-year-old single white woman who is an undergraduate student at Sonoma State. I saw her twice in the past two weeks. During her last office visit, I asked that she make an appointment with you to evaluate her worsening symptoms.

Summary of Chief Complaints: Ms. Doe has reported experiencing loss of appetite, profound sadness, low energy, and gastrointestinal issues. She describes nothing tastes good anymore, wanting to sleep all the time, and feeling hopelessness most days in the past month. Ms. Doe mentions struggling to manage her daily routine due to these symptoms. On a scale from (1-very low) to (10-very high), she rates her current mood as (1-very low).

Past Medical History: Ms. Doe has no prior diagnosis of a mental health condition. However, in her youth, she recalls difficulties making friends, periods of time where she would lose interest in social activities, and thoughts about failing school.

Reason for Consultation: Based on my assessment, I am considering a provisional diagnosis of major depressive disorder. Please conduct an evaluation to determine the diagnosis, assess any additional psychological conditions, and establish a treatment plan.

Current Medications: Ms. Doe is not taking any medications currently.

Next Steps: Upon completing your evaluation, kindly share your findings with me. Should medication be recommended, please provide a list of prescribed medications for monitoring compliance and reporting any observed side effects.

Feel free to contact me if further details are needed. I am eager to collaborate closely with you to support Ms. Doe effectively.

Thank you,
Dr. Jane Smith